

The 7 Habits of Highly Effective People®

Discover why The 7 Habits® has been called
“the World’s Leading Effectiveness Process.”

The 7 Habits of Highly Effective People® workshop is an intensive workshop that provides participants with a robust and tactical implementation plan to fully integrate The 7 Habits into their lives. Designed for anyone looking to become a more effective person—regardless of occupation, position, or stage in life.

The Continuing & Professional Studies Office (CAPSO) is delivering this program experience in a two-day workshop. Upon completion, participants earn the official 7 Habits® certificate.

Dates: June 4-5, 2009 (Thu-Fri)
Time: 8:00am - 5:00pm
Cost: \$675 (Education); \$799 (Business)
Location: Donald L. Houston Building
Texas A&M Research Park
Facilitator: Jan Richards
FranklinCovey Certified
979-845-4370
Credit: 2.0 Prof. Dev. Hours = 2 CEUs

Sign up today to earn the official 7 Habits® certificate.
Achieve effectiveness from the inside out.

<http://capso.tamu.edu/all-programs/franklincovey>

Lunch will be provided, along with morning and afternoon refreshments.

What is a habit?

- A habit is the intersection of knowledge, skill and desire.
- Knowledge is the *what to do* and *why*.
- Skill is the *how to do*.
- Desire is the motivation, the *want to do*.
- Happiness is the fruit of the desire and ability to sacrifice what we want *now* for what we want *eventually*.

The 7 Habits

1. Be Proactive: Principles of Personal Vision
2. Begin with the End in Mind: Principles of Personal Leadership
3. Put First Things First: Principles of Personal Management
4. Think Win/Win: Principles of Interpersonal Leadership
5. Seek First to Understand, Then to be Understood
6. Synergize Principles of Creative Communication
7. Sharpen the Saw: Principles of Balanced Self-renewal

The Maturity Continuum

- The seven habits move us progressively on a continuum from dependence to independence to interdependence.
- The current social paradigm enthrones independence.
- Habits 1, 2 and 3 deal with self mastery. Private victories precede public victories.
- Habits 4, 5 and 6 deal with teamwork, cooperation, and communication.
- Habit 7 is the habit of continuous improvement.